

Health and Wellbeing Strategy Delivery Plan 2019/20

last updated 20 November 2019

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| 2019/20 HWBB Priority: Give every child the best start in life | A1/1.ac1 | Develop knowledge of Adverse Childhood Experiences (ACEs) in the system and embed trauma informed approaches in our services. | Pete Campbell (CDG) | Sep-19 | | | Proportion of West Berkshire schools who have received Therapeutic Thinking training | 30% | data not available | | | | |
| | | | Pete Campbell (CDG) | Sep-19 | | | Reduce the number of fixed term exclusion days issued in schools adopting therapeutic thinking by 25% (data expected at the end of July 2020) | 25% | data expected Jul 2020 | | | | |
| | A1/1.ac2 | Support children and young people at an earlier stage, ensuring they are safe through prevention and early intervention services. | Pete Campbell (CDG) | tbc | A1/1.m1 | | Develop and implement the My Family Plan multi-agency early assessment offer. | tbc Spring 2020 | due Spring 2020 | This project is in early stages and suitable indicators will be added over time. | | | |
| | | | Pete Campbell (CDG) | tbc | A1/1.m5 | | Reduction in number of child protection / care applications as a result of domestic abuse | tbc | data not available | Performance measure to be re-worded once the Domestic Abuse Bill will come into force. | | | |
| | | | All groups | Apr-19 | A1/1.m6 | | Total number of pageviews per quarter on West Berkshire Directory (Family Information and SEND Local Offer | Not targeted | 17,201.0 Q2 | Measure ownership to moved to all groups starting Q4. | | | |
| | A1/1.ac3 | Provide young people with information and skills to enable them to make informed decisions that will enhance their wellbeing and build resilience against health harming behaviours. | Denise Sayles (CDG) | Sep-19 | A1/2.m1 | | Number of local primary schools who have received a Life Education performance (data expected at the end of March 2020) | 12 | data expected Mar 2020 | (data expected at the end of March 2020) | | | |
| | | | Denise Sayles (CDG) | Sep-19 | A1/3.m1 | | Proportion of pupils who feel that their knowledge regarding alcohol and tobacco has increased since the performance. (data expected at the end of March 2020) | 70% | data expected Mar 2020 | (data expected at the end of March 2020) | | | |
| | 2019/20 HWBB Priority: Primary Care Networks | | Support the development of Primary Care Networks | Paul Coe/ Shairoz Claridge (WBLIB) | May-19 | | | All West Berkshire GP Practices are included in a PCN | 31/05/2019 | Completed Q1 | | | |
| | | | | Paul Coe/ Shairoz Claridge (WBLIB) | Jul-19 | | | All West Berkshire PCNs identify a Clinical Director | 01/07/2019 | Completed Q2 | | | |
| | | | | Paul Coe/ Shairoz Claridge (WBLIB) | Jul-19 | | | All West Berkshire PCNs employ additional pharmacists | 31/03/2020 | due in Mar 2020 | | | |
| Paul Coe/ Shairoz Claridge (WBLIB) | | | | Jul-19 | | | All West Berkshire PCNs employ social prescribers | 31/03/2020 | due in Mar 2020 | | | | |
| Paul Coe/ Shairoz Claridge (WBLIB) | | | | Jul-19 | | | All West Berkshire PCNs to deliver: - Structured Medication Reviews - Enhanced Health in Care Homes (EHCH) | 31/04/21 | due in Apr 2021 | | | | |

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| | | | eg A1/5.ac1 | What actions are required to deliver the outcome? ie. Conduct a Needs Assessment/ Write a strategy/ Develop an education programme/ Lobby the | | Sep-17 | eg A2/3.d1 | What is the impact your actions will have against the objective? ie. Reduce the number of alcohol related hospital | | | |
| HWB Strategic Aim: Support mental health and wellbeing throughout life | Objective 6 | Promote positive mental health and wellbeing for adults | A1/6.ac1 | Celebrate, promote and connect existing resources especially those who provide Community Navigation and Peer Support. | Matt Pearce (MHAG) | Jan-18 | A1/6.m1 | Number of new members attending Eight Bells for Mental Health | Not targeted | 86 (Cumulative to Q3) | The MHAG have awarded funding to Eight Bells to enable them to open a third day. The bid included a commitment to provide additional training to staff and reduce the number of members requiring additional support from the Crisis team. |
| | | | A1/6.ac4 | | Matt Pearce (MHAG) | Jan-18 | A1/6.m4 | Open for Hope to run 75 3hr group meetings | 75 | 74 (Cumulative to Q3) | The MHAG have awarded funding to Open for Hope, run by the West Berkshire Independent Living Network. They will expand from Thatcham into Hungerford or Theale and run a multitude of activities to provide peer support to people with low mental health or isolation. . |
| | | | A1/6.ac5 | | Matt Pearce (MHAG) | Jan-18 | A1/6.m5 | Open for Hope to run 80 lunch or evening meal meet ups | 80 | 36 (Cumulative to Q3) | |
| | | | | | Matt Pearce (MHAG) | Jan-18 | | Open for Hope to run 40 physical activity sessions | 40 | 66 (Cumulative to Q3) | Open for hope have delivered a number pf physical activity session such as yoga to support people with mental ill-health |
| | | | A1/6.ac10 | Adopt the Prevention Concordat for Better Mental Health across West Berkshire | Matt Pearce (MHAG) | Jan-19 | A1/6.m1 | Number of organisations signed up to the Prevention Concordat | (Not targeted) | #N/A | The MHAG is currently reviewing the documentation required to comply with the Prevention Concordat for Mental Health. Discussions are also underway with partners to consider whether Berkshire West approach could be adopted |
| | | | A1/6.ac4 | Support the CCG with their review Crisis Review and ensure sufficient user engagement | Matt Pearce (MHAG) | Apr-18 | A1/6.m3 | Run one Thinking Together Event or equivalent | Jan-20 | 100.0% Q3 | The MHAG have submitted a priority fund bid to undertake a series of 'thinking together events' to inform both crisis review and wider mental health agenda. The Volunteer Centre are organising a Mental Health Crisis Pathway Review Event on the 10th February on behalf of the CCG which may fulfil this action |
| | Objective 7 | Prevent suicide and self-harm for adults and young people | A1/7.ac1 | Organise training for employers regarding suicide awareness and the signs of stress | Garry Poulson (SPAG) | Oct-18 | A1/7.m1 | Number of events held per year. | 2 | 1.0 Q3 | First held on 25 October 2019. There has been a focus on training in relation to suicide awareness and attendance had been good. |
| | | | | | | Oct-18 | A1/7.m2 | Number of employers who attend each training event | 30 | 53.0 Q3 | |
| | | | | | | Oct-18 | A1/7.m3 | Proportion of participants who report an increased level of confidence of suicide prevention on training evaluation form | 75% | 100.0% Q3 | |
| | | | A1/7.ac2 | Reduce access to the means of suicide | Garry Poulson (SPAG) | Apr-18 | A1/7.m4 | Identify suicide risk sites at which to promote Samaritans with appropriate signage (subject to available resources). | 6 | 6 (Cumulative to Q3) | |
| | | | A1/7.ac3 | Reduce the risk of suicide in key high-risk groups | Garry Poulson (SPAG) | Apr-18 | A1/7.m5 | Run a suicide awareness campaign to target men in places such as the rugby club, pubs, comedy nights, etc. | 1 | 1.0 Q1 | A campaign is being run in barber shops to target men. The SPAG's Chair has also performed at the Hungerford Comedy Club to raise awareness in a rural community. Volunteers are coming forward to help distribute leaflets among the community. |
| | Garry Poulson (SPAG) | Apr-18 | | | A1/7.m6 | Run events to raise awareness of suicide among men. | 2 | data not available | A survivor of bereavement by suicide has come forward to hold talks at sports clubs. | | |

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Guidance

eg A1/5.ac1

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Sep-17

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| HWB Strategic Aim: Reduce premature mortality by helping everyone live healthier lives | Objective 10 | Reduce alcohol related harm across the district for all age groups | A3/10.ac4 | Monitor training in the Blue Light approach | Denise Sayles (SMHRP) | May-18 | A3/10.m8 | Number of Blue Light (BL) project training sessions and 'train the trainer' sessions delivered by Public Health | (Not targeted) | 3.0 Q2 | A total of 30 professionals were trained in 2 training sessions we also had a further 3 trainers trained in delivery of the training |
| | | | A3/10.ac5 | Develop and agree action plans to support treatment resistant drinkers in the Blue Light (BL) | Denise Sayles (SMHRP) | May-18 | A3/10.m10 | Number of identified treatment resistant drinkers on Blue Light project, with an agreed action plan | (Not targeted) | 3.0 Q2 | 3 Blue light individuals were being supported by the project Referrals to the project have been low and it is hoped that the training will help to raise awareness and increase levels of engagement. Work to be done with A&E ambulance and police colleagues to raise awareness about the project. Referral route to be reviewed. |
| | | | A3/10.ac6 | Outcome: Reduce the cost to other WBC services for ongoing support by engaging treatment resistant drinkers in the Blue Light approach | Denise Sayles (SMHRP) | May-18 | A3/10.m11 | £ cost saved per client (at end of project) | (Not targeted) | #N/A | Early calculations on cost savings for one individual are the saving of around 20k per year. |
| | Objective 12 | Support residents to stop smoking and reduce substance misuse | A1/12.ac1 | Monitor effectiveness of Drug Diversion Pilot | Denise Sayles (SMHRP) | Apr-19 | A1/12.m1 | Proportion of cases where an individual has completed the voluntary Drug Diversion course delivered by Swanswell after being stopped by police for drug possession. | (Not targeted) | 42.0% Q1 | Full update to Steering Group on 7 November 2019 |
| Big and sustainable environment in which communities can flourish | Objective 14 | Increase the number of Community Conversations through which local issues are identified and addressed | A4/1.ac1 | Facilitate/ support community engagements | Susan Powell (BCT) | Apr-18 | A4/1.m1 | Number of community engagements facilitated/ supported (BCT) | Not targeted | 5.0 Q2 | |
| | | Ensure that housing is of good quality, accessible and affordable. | A4/15.ac2 | Support people experiencing multiple needs including homelessness, substance abuse, contact with the criminal justice system and mental ill health through a coordinated approach | Susan Powell (BCT) | Apr-18 | A4/15.m2 | Number of individuals accepted into the Making Every Adult Matter (MEAM) cohort | Not targeted | 2.0 Q2 | |
| | Susan Powell (BCT) | | | | Apr-18 | A4/15.m3 | Number of individuals helped by / moved on from the Making Every Adult Matter (MEAM) cohort | Not targeted | 0.0 Q2 | | |
| | | | Continue to work together to prevent rough sleeping and reduce the number of people who do sleep rough in West Berkshire to 6 or less by 2025 | Gary Lugg (HSG) | Sep-19 | | The number of rough sleepers in West Berkshire on the last day of the quarter | <6 by 2025 | 9.0 Q2 | Housing Strategy Group to review and confirm target. | |
| | | | Develop and adopt the Homelessness Strategy by 31 December 2019. | Gary Lugg (HSG) | Sep-19 | | Adoption of the Strategy | 31/12/2019 | On track Q2 | | |
| | | | Develop and adopt the Housing Strategy by 31st March 2020 | Gary Lugg (HSG) | Oct-19 | | Adoption of the Strategy | 31/03/2020 | On track Q3 | | |
| | | | Adopt the 2019/20 Rough Sleepers Winter Plan by November 2019. | Gary Lugg (HSG) | Sep-19 | | Adoption of the Plan | 30/11/2019 | On track Q4 | | |
| | | | Develop and adopt a Serious Case Review protocol by December 2020. | Gary Lugg (HSG) | Sep-19 | | Adoption of the Protocol | 01/12/2020 | On track Q5 | | |

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| HWB Strategic Aim: Build a thriving | Objective 18 | Increase reporting of domestic abuse and decrease repeat incidents of domestic abuse | A4/18.ac1 | Monitor number of repeat incidents of Domestic Abuse reported to Thames Valley Police | Susan Powell (BCT) | Apr-18 | A4/18.m1 | Number of Domestic Abuse incidents reported to Thames Valley Police (recorded crimes) | Not targeted | 386.0 Q2 | New for 2018/19 to provide context for Repeat Victimization Rate. |
| | | | A4/18.m2 | Number of Domestic Abuse incidents reported to Thames Valley Police (non crime) | Not targeted | 317.0 Q2 | | | | | |
| | | | A4/18.m3 | Domestic Abuse Repeat Victimization Rate reported to Thames Valley Police | Not targeted | 35.2% Q2 | | | | | |
| | | | A4/18.ac2 | Improve staff awareness of domestic abuse | Susan Powell (BCT) | Jul-18 | A4/18.m4 | Number of multi-agency staff trained in Domestic Abuse Awareness | Not targeted | 88 (Cumulative to Q2) | 30 people trained over 3 sessions 02/07 and 17/09. Future quarterly figures to report total number of new people trained |
| | | | A4/18.m5 | Number of multi-agency staff trained in Domestic Abuse Champions | Not targeted | 23 (Cumulative to Q2) | 23 people trained on 22/06/2019. Future quarterly figures to report total number of new people trained | | | | |
| HWB Strategic Aim: Help older people maintain a healthy, independent life for as long as possible | Objective 19 | Prevent falls and ensure integrated care for those who have sustained a fall | A5/19.ac1 | Increase the number of people aged over 65 who are at risk of a fall who have attended a Steady Steps class | April Peberdy (AWTG) | Ongoing | A5/19.m1 | The number of new referrals of people aged 65+ at risk of falling to a Steady Steps Class | 60 | 21.0 Q2 | This year the target has been changed to reflect the actual number of new referrals per quarter rather than number visits people make to classes over the quarter. There has been less opportunity for new participants to start on the course, due to the number of Bank Holidays in Q1. In previous quarters there have been 37 new referrals. |
| | | | A5/19.ac3 | Conduct campaigns to increase public awareness of falls and how to prevent falls. | April Peberdy (AWTG) | Ongoing | A5/19.m3 | Number of Falls Prevention Awareness Campaigns | 3 | 3 (Cumulative to Q3) | |
| | | | A5/19.ac4 | Deliver training to WBC staff, NHS Staff and volunteers on the Falls Prevention Pathway to increase knowledge of available services and the recommended approach. | April Peberdy (AWTG) | Jan-18 | A5/19.m4 | Number of Falls Prevention Awareness Training sessions delivered | 11 | 10.0 Q2 | |
| | | | A5/19.ac7 | Monitor the number of Falls Risk Assessments completed by RBFRRS as part of their Safe and Well checks | April Peberdy (AWTG) | Jan-18 | A5/19.m7 | Number of Safe and Well checks completed by RBFRRS where a Falls Risk Assessment has been undertaken | 60 | 35.0 Q2 | There had been some difficulty in getting the necessary data but a recent report stated that there had been 35 referrals so this showed that the process was working. |

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| How we will deliver the Strategy: Integration | Batter Care Fund National Condition 1 | Delayed transfers of care | BCF1/ac1 | Decrease the number of bed days due to Delayed Transfers of Care (DTC) from hospital | Paul Coe/ Shairoz Claridge (WBLIB) | Mar-17 | BCF1/m 1 | Decrease the number of bed days due to Delayed Transfers of Care (DTC) from hospital | Target variable based on DoH methodology Q1 & Q2 = 492 Q3 & Q4 = 508 | 561.0 Q2 | Snapshot data reflects September The number of delayed transfers of care is above the target. Provisional data indicates that the largest group are attributable to Health delays, followed by Joint delays, with Social Care delays accounting for 23% of all delays. Levels of demand for support with hospital discharges has remained consistently high. Through 2019 there has been an increasing challenge in finding domiciliary care and this has led to heavy reliance on our own in house Reablement service and the BHFT Carewatch. In December 2019, private agencies were reluctant to take on any new care packages over the 2 week Christmas period and the only discharges were with Reablement. There have also been consistent delays in care homes visiting hospitals to carry out assessments which were counted as a social care delay by Hospitals. There has been a notable increase in the complexity of cases. One person was difficult to place due to bariatric needs and we have had a long term Court of protection case which until recently had been counted by the hospital as a Social care delay until court papers were submitted. |
| | Better Care Fund National Condition 2 | Non-elective admissions (General and Acute) | BCF2/ac1 | Monitor the number of non-elective admissions (General and Acute) | Paul Coe/ Shairoz Claridge (WBLIB) | Mar-17 | BCF2/m 1 | Number of non-elective admissions (General and Acute) per 100k population | tbc | data not available | |
| | Better Care Fund National Condition 3 | Admissions to residential and care homes | BCF3/ac1 | Monitor the number of permanent admissions of older people aged 65+ to residential and care homes (per 100,000 of population) | Paul Coe/ Shairoz Claridge (WBLIB) | Mar-17 | BCF3/m 1 | New permanent admissions of older people aged 65+ to residential and care homes (per 100,000 of population) (ASCOF 2A (part 2)) | tbc | 584.9 Q2 | No RAG as target tbc Provisional data - to be confirmed ASCOF 2A presented as per 100,000. Numerator just shows number of new admissions We focus on helping people home wherever possible and were disappointed to see an increase in admissions last year. We will continue to focus on promoting community options. |
| | Better Care Fund National Condition 4 | Effectiveness of reablement | BCF4/ac1 | Increase the percentage of older people (65+) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services | Paul Coe/ Shairoz Claridge (WBLIB) | Mar-17 | BCF4/m 1 | % of older people (65+) who were still at home 91 days after discharge from hospital into reablement/rehabilitation services | 84% | 87.1% Q2 | Target met |
| | | | | Increase the percentage of new clients where service following enablement was Ongoing Low Level Support, STS (Other), Universal Services/IAS or No identified needs (ASCOF 2D) | | Mar-17 | BCF4/m 2 | % of new clients where service following enablement was Ongoing Low Level Support, STS (Other), Universal Services/IAS or No identified needs (ASCOF 2D) | >60% | 66.1% Q2 | Data is not yet validated (provisional) |

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| How we will deliver the strategy: Public Engagement | | Raise the profile of the Health and Wellbeing Board and its workstreams using a range of platforms. | | Use local media to promote the work of the Health and Wellbeing Board, its sub-groups or any pertinent issues | Kamal Bahia (PPE) | May-19 | | Number of articles published in the Newbury Weekly News per year | 12 | 6.0 Q2 | 6 articles have been published in the Newbury Weekly News so far this year under the Your Health Matters brand. Published 34 articles in NWN and NewburyToday since January 2017 ; established a Facebook (@WellbeinginWB) and Twitter (@PPEWest) presence last year. |
| | | | | Engage with Board's other sub-groups to improve information sharing | Kamal Bahia (PPE) | | | Number of sub-group meetings attended by PPE Chair | 3 | 3.0 Q2 | Attended Skills and Enterprise, BCT, Integration Board and Substance Misuse |
| | | | | Promote the West Berkshire Directory as a one stop shop for information and advice. (Adults) | Kamal Bahia (PPE) | Jun-18 | | Total number of pageviews on West Berkshire Directory - Adults | Not targeted | 5,411.0 Q2 | Launched the West Berkshire Directory at the annual conference and GP TIPS |
| Additional objective added mid-strategy period | | Improve access to employment, education, training and volunteering for vulnerable people. | | Raise local employers' understanding of regional skills needs and challenges of promote local employment opportunities to all, including vulnerable people. | Iain Wooloff (SEP) | Sep-18 | | Facilitate a 'Business & Wellbeing' conference for local employers, local authority representatives, business skills representatives and other stake holders to raise awareness of: 1. skills required to address the economic development strategy of the region 2. challenges facing vulnerable people when seeking employment | 17 October 2019 | Completed Q2 | |
| | | | | Run events to engage local employers in promoting sustainable employment pathways for local people at all levels of work. | Iain Wooloff (SEP) | Sep-18 | | Hold a Skills Awareness day for vulnerable people, including those with learning difficulties and disabilities promoting employment pathways. | tbv Autumn 2019 | data not available | An action plan is currently being developed. |
| | | | | Determine bids for grants under the Health and Wellbeing Priority Fund | Bal Bahia (HWB Steering Group) | | | Amount of Health and Wellbeing Priority Funding allocated to HWBB Sub-Groups | Not targeted | £36,659.33 of £96k | |